

People In Motion - February 2012

CN Centre

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			Cougars vs Red Deer Walking till 11am		Cougars vs Kelowna Walking till 11am	Cougars vs Kelowna Walking till 11am
5	6	7	8	9	10	11
			Cougars vs Medicine Hat Walking till 11am		Cougars vs Edmonton Walking till 11am	Cougars vs Edmonton Walking till 11am
12	13	14	15	16	17	18
	Hedley No Walking	Event Tear-down No Walking	Cougars vs Red Deer Walking till 11am	Event Set-up No Walking	Dierks Bentley No Walking	Event Tear-down No Walking
19	20	21	22	23	24	25
			Cougars vs Medicine Hat Walking till 11am	Deep Purple No Walking	Event tear-down Cougars vs Victoria No Walking	Cougars vs Victoria Walking till 11am
26	27	28	29			
		Cougars vs Medicine Hat Walking till 11am	Cougars vs Medicine Hat Walking till 11am			

Daily walking from 9am-5pm Online schedule available 24hours a day at www.cncentre.ca/Pages/WalkingProgram.aspx

Please Note: No walking on event days as indicated and Cougar game days from 9am-11am only –walking available at Coliseum daily 9am-2pm

3.5 laps = 1km 5.7laps = 1 mile